

SOPHIE LYNGESEN KJÆRVIK

CURRICULUM VITAE

Virginia Commonwealth University, Injury & Violence Prevention Program
West Hospital, 1200 E. Broad St., Richmond, VA 23298, USA
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EDUCATION

Postdoctoral Research Fellow, Injury & Violence Prevention Program 2023 - present
Virginia Commonwealth University, Richmond, VA, USA

- Supervisor: Nicholas Thomson, Ph.D.

Ph.D. Communication 2023
The Ohio State University, Columbus, OH, USA

- Interdisciplinary Specialization: Quantitative Research Methods
- Dissertation: “Arousal anger management: A meta-analytic review”
- Committee: Brad J. Bushman, Ph.D. (chair), Duane T. Wegener, Ph.D., and Robert M. Bond, Ph.D.

M.A. Health, Development and Community Psychology 2020
University of Oslo, Oslo, Norway

- Thesis: “Threatened narcissists lash out aggressively: A meta-analytic review”
- Co-chairs: Ole Jacob Madsen, Ph.D. (University of Oslo) and Brad J. Bushman, Ph.D. (The Ohio State University)

Visiting Scholar Fall 2018
The Ohio State University, Columbus, OH, USA

B.A. Psychology 2017
Norwegian University of Science and Technology, Trondheim, Norway

- Thesis: “Pichação - A subculture and a form of self-expression” (based on fieldwork conducted in São Paulo, Brazil)
- Chair: Torbjørn Rundmo, Ph.D.

Folk High School. Psychology & Charity, Explore and Travel 2014
Karmøy Folkehøgskule, Karmøy, Norway

- Traveled through Peru, Bolivia, Brazil visiting and working for different charitable organizations and an orphanage in São Paulo, Brazil.

WORK EXPERIENCE

Care Worker 2017- 2019
Sunnaas Rehabilitation Hospital, Nesodden, Norway

- Multidisciplinary rehabilitation for patients with complex functional impairment following illness or injury, focus on community re-entry.

Care Worker 2017- 2019
Nesodden Retirement home, Nesodden, Norway

- Secured home for elderly patients with dementia.

Personal Assistant 2017- 2018
Aleris Ungplan & BOI, Oslo, Norway

- Provided medical and personal care for a patient with Amyotrophic Lateral Sclerosis (ALS), or Lou Gehrig's disease.

Social Worker 2014- 2017
Leistad Aftertreatment Clinic, Trondheim, Norway

- Therapist for mentally ill patients with a history of substance abuse and mental health problems who are transitioning to independent living.

VOLUNTEER EXPERIENCE

Social Worker Intern 2018
UmV, Ungdom mot Vold, Oslo, Norway

- Helped troubled youth.

PUBLICATIONS

Thomson, N. D., **Kjærøvik, S. L.**, Blondell, V., & Hazlett, L. (2024). The interplay between fear and callous-unemotional traits predicting reactive and proactive aggression. *Children, 11*(4). <https://doi.org/10.3390/children11040379>

Kjærøvik, S. L., & Bushman, B. J. (2024). A meta-analytic review of anger management activities that increase or decrease arousal: What fuels or douses rage? *Clinical Psychology Review*. <https://doi.org/doi/10.1016/j.cpr.2024.102414>

Fields, C., O'Connor, K., **Kjærøvik, S. L.**, Kevorkian, S., Perera, R., & Thomson, N. D. (2024). The Impact of Firearm-Related Violence on Future Prison Violence: A Brief Report. *The Journal of Forensic Psychiatry & Psychology*. <https://doi.org/10.1080/14789949.2024.2319632>

Kjærøvik, S. L., & Bushman, B. J. (2023). Effects of a gun safety video on children's behavior around real guns: A randomized clinical trial. *JAMA Pediatrics*. <https://doi.org/10.1001/jamapediatrics.2023.2397>
The Conversation, news.osu.edu, [CNN](https://www.cnn.com), [The Washington Post](https://www.washingtonpost.com), [NBC4](https://www.nbc4.com), [Altmetric](https://www.altmetric.com)

Kjærøvik, S. L., Saleem, M., Velasquez, G., Anderson, C. A., & Bushman, B. J. (2022). A Meta-Analytic Review of the Validity of the Tangram Help/Hurt Task (THHT). *Personality and Social Psychology Bulletin, 0*(10). <https://doi.org/10.1177/01461672221127759>
[Altmetric](https://www.altmetric.com)

Holt, L. F., **Kjærøvik, S. L.**, & Bushman, B. J. (2022). Harm and shaming through naming: Examining why calling the coronavirus the "COVID-19 Virus," not the "Chinese Virus," matters. *Media Psychology, 1-14*. <https://doi.org/10.1080/15213269.2022.2034021>
The Conversation, news.osu.edu.
[Altmetric](https://www.altmetric.com)

Kjærøvik, S. L., & Bushman, B. J. (2021). The link between narcissism and aggression: A meta-analytic review. *Psychological Bulletin, 147*(5), 477-503. <https://doi.org/10.1037/bul0000323>
The Conversation, [Inc.](https://www.inc.com), [APA article spotlight](https://www.apa.org), [SPSP character and context](https://www.spsp.org), [Academic Minute](https://www.academicminute.com), [The Orion Way](https://www.orionway.com), [BYU Radio Top Mind!](https://www.byuradio.com), [dn.no](https://www.dn.no), [dagbladet.no](https://www.dagbladet.no).
[Altmetric](https://www.altmetric.com)

Field Code Changed

MANUSCRIPTS IN PREPARATION

- Kjærviik, S. L.,** & Thomson, N. D. (under review). The role of personality disorders in extremism, radicalism, and activism.
- Kjærviik, S. L.,** & Thomson, N. D., Fanti, K. (in progress). The impact of social exclusion on youth high in callous-unemotional traits.
- Kjærviik, S. L.,** & Thomson, N. D. (in progress). Psychopathy, gun carrying, and firearm violence.
- Kjærviik, S. L.,** & Thomson, N. D. (in progress). Callous-unemotional traits, positive beliefs about guns and gun use in youth with conduct disorder.
- Kjærviik, S. L.** (in progress). Extremism: The role of narcissism and extreme personality.
- Kjærviik, S. L.,** Blondell, V., & Thomson, N. D. (in progress). Childhood maltreatment and gun violence.
- Kjærviik, S. L.,** Blondell, V., & Thomson, N. D. (in progress). Childhood maltreatment and facial emotion recognition.
- Kjærviik, S. L.,** & O'Connor, K., Thomson, N. D. (in progress). Psychometrics validation of the gun beliefs and gun behavior scale in a high-risk sample.
- Thomson, N. D., & **Kjærviik, S. L.** (in progress). Psychopathy and violence. (Book chapter)
- Thomson, N. D., **Kjærviik, S. L.,** & Pittman, S. (in progress). Can emotion regulation interventions in virtual reality reduce violence?
- Thomson, N. D., Pittman, S. & **Kjærviik, S. L.,** (in progress). Firearm Aggression Questionnaire Development of a new measure of gun violence.

CONFERENCE PRESENTATIONS

- Kjærviik, S. L.,** & Thomson, N. D. (2024, February). *The role of personality disorders in violent extremist attitudes, radicalism, and activism.* The Society of Personality and Social Psychology Convention, San Diego, California, USA.
- Taggart, R. S., **Kjærviik, S. L.,** Bushman, B. J., Wildschut T., & Sedikides C. (2023, April). *Nostalgia as intervention for ostracism's effects on meaning and anger.* Midwestern Psychological Association, Chicago, Illinois, USA.
- Kjærviik, S. L.,** Saleem, M., Velasquez, G., Anderson, C. A., & Bushman, B. J. (2023, February). *A Meta-analytic Review of the Validity of the Tangram Help/Hurt Task.* The Society of Personality and Social Psychology Convention, Atlanta, Georgia, USA.
- Kjærviik, S. L.,** & Bushman, B. J. (2022, November). *A gun safety video reduces children's unsafe behavior around real guns.* National Research Conference on Firearm Injury Prevention, Washington, D. C., USA.
- Holt, L. F., **Kjærviik, S. L.,** & Bushman, B. J. (2022, May). *Blames and Frames: Examining why calling the Coronavirus, "COVID-19 Virus," not the "Chinese Virus," Matters.* International Communication Association Conference, Paris, France.
- Kjærviik, S. L.,** & Bushman, B. J. (2022, April). *The link between narcissism and aggression: A meta-analytic review.* Midwestern Psychological Association, Chicago, Illinois, USA.

Brown, D., Tice, D., **Kjærviik, S. L.**, (2022, April). *The Only Thing Certain Is the Uncertainty*. Rocky Mountain Psychology Association, Salt Lake City, USA.

Kjærviik, S. L., & Bushman, B. J. (2022, March). *The link between narcissism and aggression: A meta-analytic review*. Hayes Forum, Columbus, Ohio, USA.

AWARDS

Best Researcher Award March 2024
International Research Awards on New Science Inventions (NESIN Awards)

Miller Small Grant Award June 2022
\$4,400 for nostalgia and aggression project

COURSE HISTORY

Instructor of Record

COMM 2367: Persuasive Communication (Online)	Summer 2023
COMM 3333: Crisis Communication	Spring 2023
COMM 3442: Violence in Society and Violence in the Media (Online)	Fall 2022
COMM 3440: Mass Communication and Society (Online)	Summer 2022
COMM 3163: Industry Research Methods	Fall 2021
COMM 3163: Industry Research Methods	Spring 2021
COMM 3160: Research Methods	Fall 2020

Graduate Teaching Assistant

COMM 3558: Social Media	Spring 2022
COMM 1100: Communication in Society	Summer 2021
COMM 3558: Social Media	Summer 2021
COMM 2331: Strategic Communication Principles	Summer 2020
COMM 3333: Crisis Communication	Spring 2020
COMM 3668: Intercultural Communication	Fall 2019

DEPARTMENT SERVICE

Ohio State University School of Communication 2022-2023
Ph.D. representative in the Graduate School Organization (GSO)

Ohio State University School of Communication 2021-2023
Peer mentor for incoming graduate students

ACADEMIC SERVICE

Consulting Editor

*Psychology of Violence

Grant Reviewer:

*National Institutes of Health (NIH). RFA-NR-24-001: Firearm Injury Prevention in Community Healthcare Settings (R01 Clinical Trial Optional).

Ad Hoc Reviewer:

*Aggressive Behavior

- *Collabra: Psychology
- *Current Issues in Personality Psychology
- *European Journal of Psychology
- *Motivation and Emotion
- *Psychology of Popular Media
- *Panamerican Journal of Trauma, Critical Care and Emergency Surgery
- *Sex Roles
- *The Journal of Pediatrics: X
- *The Journal of Social Psychology
- *Violence Against Women

Peer Ad Hoc Reviewer:

- *Aggressive Behavior
- *Motivation Science
- *Psychology of Popular Media
- *Psychology of Violence
- *Psychophysiology

PROFESSIONAL ORGANIZATION MEMBERSHIPS

American Psychology Association (APA)
 Association for Psychological Science (APS)
 International Communication Association (ICA)
 International Society for Research on Aggression (ISRA)
 The Norwegian Society for Psychological Science (NSPS; Psykologiforbundet)
 The Society of Personality and Social Psychology (SPSP)

LANGUAGES SPOKEN

Norwegian	Native Language
English	Advanced Speaker, Reader, Writer, and Listener
Danish	Intermediate Speaker, Advanced Reader, Writer, and Listener

REFERENCES

Brad J. Bushman, Ph.D., The Ohio State University, School of Communication, +1(614) 688-8779, bushman.20@osu.edu
Duane T. Wegener, Ph.D., The Ohio State University, Department of Psychology, +1(614) 292-1866, wegener.1@osu.edu
Jennifer Crocker, Ph.D., The Ohio State University, Department of Psychology, +1(614) 292-0985, crocker.37@osu.edu